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Cook Up an Adventure on a Northeast Culinary Vacation

Nearby food- and cooking-themed getaways that will leave you full – heart, mind and stomach.

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If you want to learn more about a place, try the food; to get acquainted with its soul, get cooking.

Food is a direct line to the roots of wherever you are – figuratively, through recipes, traditions and community, and literally pulled from the soil beneath your feet. While you can always go to a museum or take a walking tour, cooking is a personal way to absorb the local culture of any place you are visiting.

Discover our Northeast corner of the country in a tasty new way with a culinary vacation or daytrip at local cooking schools and hotels.



Brot Bakehouse (Photo: Courtesy of Hotel Vermont and Brot Bakery)

Baker's Paradise

Inviting you into its quaint cottage with the smell of freshly baking bread, [Brot Bakehouse School and Kitchen](#) in Fairfax, Vermont, could persuade anyone into a life surrounded by croissants and pumpnickel. Luckily, baker/owner Heike Meyer is happy to share a slice of that life – and lots of good bread – with you.

Originally from Germany (“brot” is German for bread), [Meyer](#) traveled and baked around the world to hone her craft before landing in the Green Mountain State. Her bread and pastry classes are “tremendously” influenced by the landscape, she said, and highlight flavor through organic and local grains and natural starter cultures.

“Products we can source locally – and that make sense to source locally – are being used. I feel a much greater connection to the land that’s around us than I ever did growing up in northern Germany or living in New York City,” Meyer emphasizes.



(Photo: Courtesy of Hotel Vermont and Brot Bakery)

Hotel Vermont partners with Brot Bakehouse for culinary vacations throughout the year, including a package that gets you a spot in the annual **Brotfest** workshop, a “sensory tasting experience” held every August that showcases sourdough and community food purveyors.

Vermont is also home to the **King Arthur Flour Baking School**, where Meyer picked up some of her skills and you can, too.